



## Footsteps - walking the beauty of Northumberland

### Our walks programme for September 2019

Telephone Tel.07847 506399 or 01668 213775 to book a place or

Email [info@footstepsnorthumberland.co.uk](mailto:info@footstepsnorthumberland.co.uk)

Web. [www.footstepsnorthumberland.co.uk](http://www.footstepsnorthumberland.co.uk)

*With a Footsteps guide you have the freedom to see more, you'll go further and learn more, you'll never get lost and you will discover the secret, hidden places of Northumberland*

September	Where	Name of the circular walk	Distance	Price
Sunday 1 <sup>st</sup> Sept.	Northumberland Coast <b>10.00am start</b>	<b>The Holy Island of Lindisfarne;</b> we walk barefoot across the sea from the mainland on the ancient Pilgrims' Way to Lindisfarne. Bring your binoculars for some great <b>wildlife watching</b> . Once there we explore the island and return to the mainland the same way we arrived, along the Pilgrim's Way.	8 miles 12 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Monday 2 <sup>nd</sup> Sept.	Northumberland National Park <b>10.00am start</b>	<b>Arty Footsteps – part of the English National Park Experience Collection.</b> Come on a guided walk with Patrick and Jane in the wonderful Breamish Valley in Northumberland National Park and discover the artist in you. We provide a package of arts materials and a picnic lunch. Jane, a wildlife artist will work with you on your artistic side and Patrick will look after you on the guided walk.	4 miles 6 Km	£140.00 per adult
Tuesday 3 <sup>rd</sup> Sept.	Northumberland Coast <b>10.45am start</b>	<b>The Holy Island of Lindisfarne;</b> we walk barefoot across the sea from the mainland on the ancient Pilgrims' Way to Lindisfarne. Bring your binoculars for some great <b>wildlife watching</b> . Once there we explore the island and return to the mainland the same way we arrived, along the Pilgrim's Way.	8 miles 12 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Thursday 5 <sup>th</sup> Sept.	Northumberland National Park walk <b>9.30am start</b>	<b>Kirknewton and Wester Tor;</b> join me for one of my favourite walks to the summit of Wester Tor, which overlooks the College Valley as far as the English/Scottish Border. We can expect to see wild Cheviot goats, red grouse, sky larks and the moorland speciality bird, the wheatear.	10 miles 16 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Friday 6 <sup>th</sup> Sept.	Northumberland Coast walk <b>9.30am start</b>	<b>Bamburgh and Budle Bay;</b> A walk along the wilder side of the Northumberland coast at Bamburgh with fine views of Lindisfarne and Budle Bay.	6 miles 10 Km	£12.50 per person
Saturday 7 <sup>th</sup> Sept.	The Berwickshire Coast <b>9.30am start</b>	<b>Eyemouth and St. Abbs Head;</b> this is a spectacular walk on the Scottish Coast. High cliffs along a dramatic coastline make this an excellent walk. St. Abbs is a renowned National Nature Reserve and it's a wonderful place to discover and explore. We catch a bus back to our start point in Eyemouth.	8 miles 12 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Monday 9 <sup>th</sup> Sept.	Northumberland National Park <b>10.00am start</b>	<b>Arty Footsteps – part of the English National Park Experience Collection.</b> Come on a guided walk with Patrick and Jane in the wonderful Breamish Valley in Northumberland National Park and discover the artist in you. We provide a package of arts materials and a picnic lunch. Jane, a wildlife artist will work with you on your artistic side and Patrick will look after you on the guided walk.	4 miles 6 Km	£140.00 per adult



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Tuesday 10 <sup>th</sup> Sept.	Northumberland Coast <b>11.15am start</b>	<b>Over the tide on the Holy Island of Lindisfarne;</b> It's the day after Bank Holiday Monday so something different today, we'll be exploring Lindisfarne when the tide is in and the causeway is closed. You need to be safely across the causeway by 1115 and you can leave after 1630. Experience the island as an island, it's great. Safe crossing in the morning is between 0315 and 1145.	6 miles 10 km	£15.00 per adult 12-18-£7.50 <12 FREE
Thursday 12 <sup>th</sup> Sept.	Northumberland Coast <b>9.30am start</b>	<b>Craster and Low Newton;</b> Famous for its kippers, Craster is also the gateway to one of the best stretches of the Northumberland Coast. The nature reserve at Newton Pools is perfect for <b>birdwatching</b> , so bring your binoculars. We stop for refreshments in Low Newton, before following inland paths back to Craster.	7 miles 11 km	£15.00 per adult 12-18-£7.50 <12 FREE
Friday 13 <sup>th</sup> Sept.	Northumberland National Park <b>9.30am start</b>	<b>The College Valley and The Cheviot;</b> this walk takes us to the summit of the highest point in Northumberland. There's lots of ascent from the bottom of the College Valley, but you will be rewarded with some great views on the way up and then it's downhill all the way back to where we started.	11 miles 18 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Saturday 14 <sup>th</sup> Sept.	Northumberland National Park <b>9.30am start</b>	<b>The Breamish Valley;</b> discover some of the prehistoric and more recent features of the valley, including its hill forts and field systems. Some great views and some excellent walking in the National Park.	6 miles 10 Km	£12.50 per adult 12-18-£6.25 <12 FREE
Sunday 15 <sup>th</sup> Sept.	Northumberland Countryside <b>9.30am start</b>	<b>Eglingham and Bewick Moor;</b> we follow moorland paths to Blawearie Farm, a deserted and romantic ruin high up on the moor. We visit two prehistoric hill forts, a Bronze Age burial site and see the ancient and mysterious cup and ring marked rocks.	8 miles 12km	£15.00 per adult 12-18-£7.50 <12 FREE
Monday 16 <sup>th</sup> Sept.	Northumberland National Park <b>10.00am start</b>	<b>Arty Footsteps – part of the English National Park Experience Collection.</b> Come on a guided walk with Patrick and Jane in the wonderful Breamish Valley in Northumberland National Park and discover the artist in you. We provide a package of arts materials and a picnic lunch. Jane, a wildlife artist will work with you on your artistic side and Patrick will look after you on the guided walk.	4 miles 6 Km	£140.00 per adult
Tuesday 17 <sup>th</sup> Sept.	Rural Northumberland <b>9.30am start</b>	<b>St. Cuthbert's Cave;</b> From the village of Belford, we follow footpaths to St. Cuthbert's Cave, a legendary place, where a thousand or more years ago, the monks fleeing Lindisfarne rested with the body of St. Cuthbert. Discover more about the legend on this Footsteps walk.	8 miles 12 Km	£15.00 per adult 12-18-£7.50 <12 FREE

Big Days out with Footsteps are walks that go the extra mile in Northumberland National Park. Look under the 'Further Footsteps' link on our website for details.



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September	Where	Name of the circular walk	Distance	Price
Thursday 19 <sup>th</sup> Sept.	Northumberland National Park walk <b>9.30am start</b>	<b>Hedgehope and Linhope Spout;</b> Hedgehope, the second highest summit in Northumberland has some remarkable views and it's a good challenge for a day in the hills. Along the way, we go over Cunyan Crags and Dunmoor and the day ends at Linhope Spout, the highest waterfall in the National Park. Wild swimming in the chilly pool at the foot of the Spout is an option; bring a towel and your swimming costume if you fancy a dip.	10 miles 16 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Friday 20 <sup>th</sup> Sept.	Northumberland Coast walk <b>9.30am start</b>	<b>Bamburgh and Budle Bay;</b> A walk along the wilder side of the Northumberland coast at Bamburgh with fine views of Lindisfarne and Budle Bay.	6 miles 10 Km	£12.50 per adult 12-18-£6.25 <12 FREE
Saturday 21 <sup>st</sup> Sept.	Northumberland Coast <b>11.00am start</b>	<b>The Holy Island of Lindisfarne;</b> we walk barefoot across the sea from the mainland on the ancient Pilgrims' Way to Lindisfarne. Bring your binoculars for some great <b>wildlife watching</b> . Once there we explore the island and return to the mainland the same way we arrived, along the Pilgrim's Way.	8 miles 12 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Sunday 22 <sup>nd</sup> Sept.	Northumberland Coast <b>11.30am start</b>	<b>The Holy Island of Lindisfarne;</b> we walk barefoot across the sea from the mainland on the ancient Pilgrims' Way to Lindisfarne. Bring your binoculars for some great <b>wildlife watching</b> . Once there we explore the island and return to the mainland the same way we arrived, along the Pilgrim's Way.	8 miles 12 Km	£15.00 per adult 12-18-£7.50 <12 FREE
Monday 23 <sup>rd</sup> Sept.	Northumberland National Park <b>10.00am start</b>	<b>Arty Footsteps – part of the English National Park Experience Collection.</b> Come on a guided walk with Patrick and Jane in the wonderful Breamish Valley in Northumberland National Park and discover the artist in you. We provide a package of arts materials and a picnic lunch. Jane, a wildlife artist will work with you on your artistic side and Patrick will look after you on the guided walk.	4 miles 6 Km	£140.00 per adult
Thursday 26 <sup>th</sup> Sept.	Northumberland Coast <b>9.30am start</b>	<b>Craster and Low Newton;</b> Famous for its kippers, Craster is also the gateway to one of the best stretches of the Northumberland Coast. The nature reserve at Newton Pools is perfect for <b>birdwatching</b> , so bring your binoculars. We stop for refreshments in Low Newton, before following inland paths back to Craster.	7 miles 11 km	£15.00 per adult 12-18-£7.50 <12 FREE
Friday 27 <sup>th</sup> Sept.	Northumberland National Park <b>9.30am start</b>	<b>The Breamish Valley;</b> discover some of the prehistoric and more recent features of the valley, including its hill forts and field systems. Some great views and some excellent walking in the National Park.	6 miles 10 Km	£12.50 per adult 12-18-£6.25 <12 FREE
Saturday 28 <sup>th</sup> and Sunday 29 <sup>th</sup> Sept.		<i>I will be running a Mountain Training Hill Skills course over this weekend. If you're new to hill walking or want to brush up on your hill walking skills, then please visit the Footsteps website and click on the 'Further Footsteps' link for more details.</i>		£125.00 per adult

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September	Where	Name of the circular walk	Distance	Price
Monday 30 <sup>th</sup> Sept.	Northumberland National Park <b>10.00am start</b>	<b>Arty Footsteps – part of the English National Park Experience Collection.</b> Come on a guided walk with Patrick and Jane in the wonderful Breamish Valley in Northumberland National Park and discover the artist in you. We provide a package of arts materials and a picnic lunch. Jane, a wildlife artist will work with you on your artistic side and Patrick will look after you on the guided walk.	4 miles 6 Km	£140.00 per adult
Tuesday 1 <sup>st</sup> October	Northumberland National Park <b>9.30am start</b>	<b>The Breamish Valley;</b> discover some of the prehistoric and more recent features of the valley, including its hill forts and field systems. Some great views and some excellent walking in the National Park.	10 miles 16 Km	£15.00 per adult 12-18-£7.50 <12 FREE

#### Further information

1. Family tickets are available on request; a family is 1-2 adults plus up to three children/young people aged under 18-years
2. Children under 12-years go FREE with Footsteps
3. Young people aged 12-18 go half price, i.e. £6.25 of £7.50
4. Group rates can be arranged, please get in touch if your group has more than eight members
5. We have an online booking and payment system for walks listed on the Walks in Northumberland link on our website; otherwise please get in touch by email or phone to **book your place** and to get information about the walk.
6. Walks start at **9.30am** unless by prior arrangement. Please check the list for the exact details
7. You must have walking boots, waterproof jacket and waterproof trousers for the 1-day hill walks. Also bring some water, (1 litre is ideal), a packed lunch and snacks.
8. Please dress for the weather conditions and wear suitable footwear for our walks and look at our 'what to wear and bring' page on the website for more information.
9. Walks may be cancelled if the weather conditions are poor or forecast to deteriorate over the course of the day.

#### ***So, what's north Northumberland like and what will we see?***

*Well we have... ..ace walking, purple heather, cool waters, green valleys, Bamburgh beaches, scary castles, wild coastlines, dark forests, smoking kippers, wild white cattle, burns bubbling, puffing puffins, wildflowers, stunning! rivers tumbling, grouse lecking, Border Reivers, Saints a walking, water falling, buzzards circling, sun shining, snowy hillsides, windy wanders, rainy rambles, dippers dipping, geese migrating, curlews calling, peewits peeling, deer running, March hares boxing, history harking, Linhope spouting, peregrines stooping, North Sea's freezing, island hopping, chilly swimming, rock pooling, mountain walking and so much more..... on a Footsteps walk in beautiful Northumberland*

***We look forward to walking with you in the hills and valleys of the Northumberland National Park, along the Northumberland Coast and in the rolling Northumbrian countryside.***